

As the new moon in Taurus approaches on May 8th, it brings an energy shift that will impact each astrological element unique ways. With the new Moon occurring at 18 degrees of Taurus, its influence will be felt strongly if you have any planets in or around this degree. Look at your chart, what is you Sun sign element, your rising sign or where do you have the most planets?

For fire signs (Aries, Leo, Sagittarius), it heralds a period of grounding and stability. It encourages them to slow down, reflect on their material desires, and plant seeds for longterm growth. Fire signs may find themselves drawn to practical endeavours and tangible goals during this time, focusing on building solid foundations for their future. Earth signs (Taurus, Virgo, Capricorn) will feel particularly attuned to the energy of this new Moon, as it occurs in their element. For them, this is a powerful moment for manifestation and setting intentions related to finances, career, and personal growth. Earth signs may experience a heightened sense of determination and a deep connection to the physical world, inspiring them to pursue their goals with steadfast determination.

Air signs (Gemini, Libra, Aquarius) may find the energy a bit challenging, as it encourages them to ground their thoughts and ideas into practical reality. However, this presents an opportunity for air signs to cultivate patience and perseverance in pursuit of their aspirations. They may benefit from focusing on tangible actions and concrete plans during this time, rather than getting lost in abstract concepts.

Water signs (Cancer, Scorpio, Pisces) are likely to experience this new Moon as a time of emotional renewal and inner reflection. While Taurus energy can sometimes feel heavy to water signs, it also offers a sense of security and stability that can be comforting. Water signs may find solace in nurturing their emotional well-being and connecting with their intuition during this lunar phase, allowing them to plant seeds of emotional healing and growth.

Overall, the new Moon in Taurus invites us to ground ourselves in the moment, prioritise practicality and stability, and set intentions that align with our deepest desires and values.

# Correspondences

### Tarot cards:

The Hierophant is Taurus The Sun is the Sun The High Priestess is the Moon The Wheel of Fortune is Jupiter

Colours: emerald green, earthy tones

Incense: patchouli, cardamon, rose

Crystals: emeralds, obsidian, pyrite

Animals: rabbit, bull, fawn

Flowers: rose, iris, orchid

Archangel is Haniel

## Ritual

To harness the energy of the new moon in Taurus, consider the following ritual:

Sit in a quiet, comfortable space adorned with earthy elements such as plants, stones, and candles. Begin by grounding yourself through deep, mindful breathing, allowing your awareness to settle into the present moment.

Light a green or earth-toned candle to symbolize the fertile energy of Taurus. As you gaze into the flame, visualize your intentions taking root and growing strong, like the sturdy branches of a tree.

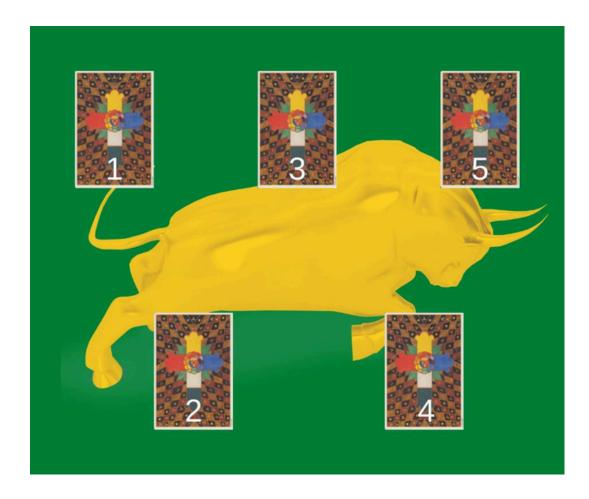
Take a moment to connect with the energy of the earth beneath you, feeling its stability and support. Place a bowl of soil or a potted plant before you, representing the fertile soil in which your intentions will be planted.

Hold a piece of rose quartz or another crystal in your hands, infusing it with your intentions for growth, abundance, and stability. Speak your intentions aloud, expressing gratitude for the blessings you wish to cultivate in your life.

When you feel ready, plant the crystal in the soil or place it beside the plant, symbolizing the seeding of your intentions. As you do so, envision your dreams taking root and blossoming into reality with each passing day.

Close the ritual by offering thanks to the earth, the moon, and the universe for their support and guidance. Blow out the candle, carrying the energy of your intentions into the night.

#### **Tarot Lay**



- 1What emotional habits prevent change?
- 2What are the gifts of this Moon?
- 3What benefits does Jupiter bring?
- 4How should I proceed with (ask personal question here)? 5
- What will the final outcome be?

# **Consolidating your Ritual**

What did your astrology reveal?

What did your meditation show you?

What actions points do you now have?

How can you set things in motion, what can you do today?

What did your tarot reading show you?

Write your experience in one sentence, make it motivational, an affirmation if you prefer.