



Astrology
Awareness
Retrograde



What exactly is a backwards moving planet, do they really reverse?

NO THEY DON'T

R Marks the spot

It can indicate a karmic condition, but all astrological points will do that, so what's so special about this one? Retrograde planets in your natal chart will highlight where you've chosen to really dig deep, some folks have hardly any, some more than they'd like but always remember your soul has chosen what's right for you, perfectly.

Please don't fall into the trap of assuming that because you have a lot of retrograde planets life is going to be tough, that is not the case. It's simply showing you that you have what it takes to fully explore the offering of the planets that are in reverse. Explore them.

If you have a planet retrograde consider what sign it's in and what house, that will bring you more information. For example; if you have Mercury retrograde in Gemini in your fourth house his influence is most likely to be around family.

Let's take a look at the planets and what messages they bring through their retrograde and remember, this is in your natal chart NOT what they're doing right now.

Planet	Keywords
Mercury	think differently, double-check things, inquisitive, doubt themselves
Venus	deep feelings, secretive love life and financial dealings, self-love issues
Mars	may not stand up for themselves, burst of anger, set your own pace
Jupiter	different belief system, don't feel lucky, tested on remaining optimistic
Saturn	fear of letting others down, of breaking the rules, wary of traditions
Uranus	sudden changes of direction, mistrust of technology, shy away from necessary change
Neptune	lose yourself in a world dreams, make up stories before seeking the truth
Pluto	hidden power, wary of power struggles, refusal to share deepest desires

Ask what the *gift* is, what's the learning opportunity in the retrograde?

For example, if you have Jupiter retrograde and you feel more glass empty than full, put effort into working on that, into finding ways that make you feel more glass full.

If you have Mercury retrograde, work with your doubts, your need to double check things, so double check them and produce perfection. Yes, you might have to work harder but your work is likely to be more thorough.

If you have Pluto retrograde, find a way to share your deepest feelings, it may be uncomfortable at first but you'll lighten the burden you carry unnecessarily.

Karmically these are your greatest challenges, they will surface and keep surfacing until you find a way to work with them, to honour them. It's not about payback, it's about balance.