



# Tree of Life Month Five

## Temple and Consolidation

As human beings we do change, grow, adapt,  
perhaps even learn and become wiser.

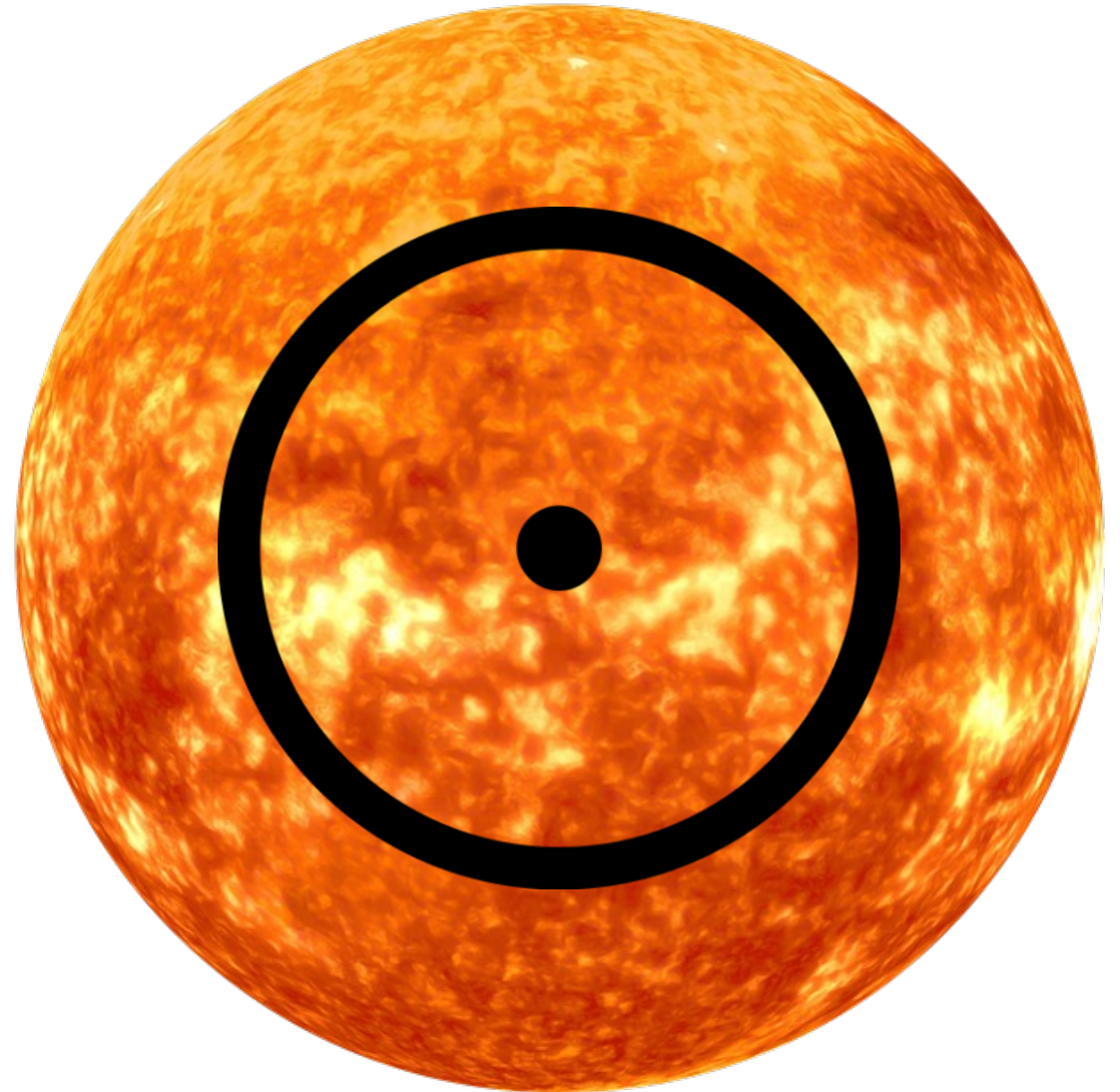
Wendy Carlos

## More on your Sun Sign

The Sun offers up more information on your ability to adapt and change, all through the way you use your Sun sign as how you find focus. It also highlights the area you're likely to find the most need to change.

Look at the house it occupies, this is the area of your life where you're most likely to find focus and some of your bigger challenges.

The Sign offers up the method you use to get the job done.



## House – focus of challenges

- 1<sup>st</sup> Personality, how you think people see you
- 2<sup>nd</sup> Values, financial status, relationship with food
- 3<sup>rd</sup> Communication, interaction with siblings
- 4<sup>th</sup> Family, domestic life and remaining grounded
- 5<sup>th</sup> Pleasure, children and artistic pursuits
- 6<sup>th</sup> Working life, health and through studying
- 7<sup>th</sup> Relationships, legal issues and balancing energy
- 8<sup>th</sup> Money, debt and finding solace in silent retreat
- 9<sup>th</sup> Travel, education and being out in the world
- 10<sup>th</sup> Professional success, status and reputation
- 11<sup>th</sup> Social, friendships and humanitarian issues
- 12<sup>th</sup> Institution, intuition, mysteries uncovered

## Sign – the way you handle it

- Aries Direct and to the point, no grudges borne
- Taurus Grounded, slow and steady approach
- Gemini Communication and flexibility
- Cancer Intuitive and nurturing
- Leo Dramatic and with humour
- Virgo Methodical, well structured, list maker
- Libra Balanced, objective and changeable
- Scorpio Deep, intense, brooding to find solutions
- Sagittarius Book smarts, knowledge, adventurous
- Capricorn High standards, rules and traditional
- Aquarius Unique solutions, team player, shock
- Pisces Gentle, intuitive, persuasive, story teller



The Tarot card is The Sun, imagine that, usually depicting a Sun but often a golden figure, angelic or otherwise. This is the card that suggest things will work out just fine, the Sun will come out tomorrow and all that, but think about where it is and what is it burning away be that to the left, right, up or down? Look particularly for negative cards around the Sun, this can be an indication of action needed to change or adapt by using the attributes of the Sun or someone's Sun sign.

If this card comes out in your own consolidation see it as a gift, a gift of power quite literally put in your hands. Where can you direct the energy of the Sun and how can you wield it? With it's association to the sign of Leo this card will call for courage, where are you being asked to roar?



# Sun Meditation

## Soul Question

This meditation is one of the simplest, but as already stated simple is often the most effective.

Create your space, make sure you won't be disturbed and light your candle/s. You can say the Qabalistic prayer or make a statement of protection/intent it really is up to you.

Now place your left hand on your heart and your right on top of it.

Begin your 4:2:4 breathing and keeping that up simply imagine a bright sun on your heart.

Sit with that energy until you feel yourself calming, ready to have a direct conversation with your soul.

Ask your questions; listen to the answers.

When you're ready open your eyes, and return to your normal surroundings.

Write down your experience.

## Temple Set up

This temple is one of balance, the place you can return to when you feel out of sorts and where you connect with the soul centre of your being.

It's six sided and is breath-taking in it's size, huge ceiling and oversized altar, it's the most church like of all the temples and it has good reason for that . . .

You will be asked to commit to your soul, to listen to the wisdom you carry and act on it.

This is also a place of great healing, of a balancing energy that can help you find peace in situations you feel conflicted with. It won't solve anything, but it can give you the courage and fortitude to get on and do that for yourself.

You will also meet the elemental Kings in their new roles, a higher aspect designed to act fast when you need to choose your mix, choose to be more Air, less Fire or combine your Water and Earth for growth for example.

Stepping into this temple I noticed a surprising shift from traditional Qabalah and it comes in the form of the host, the being who greets you is not the traditional male energy sometimes portrayed as Archangel Michael or Raphael, but Odetta; a female energy introducing the rise of the feminine in this key role as bridge between Soul and Personality.

Use the same set up procedure as before plus the magical image you have chosen, to enhance your temple experience here are some room and altar suggestions, correspondences, that will attract its energy:

The Four Sixes in Tarot, a reminder:

Six of Wands – Lord of Victory, having passed through a tough training course and found victory, a point of ascension.

Six of Cups – Lord of Pleasure, entering into pleasure with an open heart willing to receive the blessings ahead.

Six of Swords – Lord of Science, clarity comes to some difficult decision as you now see things clearly.

Six of Disks – Lord of Success, abundance comes to you, more than you need so remember to pass some on.

The Sun is the Tarot Card

We'll be using The Universe and Art/Temperance paths to gain access, you may want to use those cards too.

The incense: frankincense

Colours: gold and white

Flowers: sunflower, yellow flowers

Animals: Lion, Eagle,

Crystal: golden healer , citrine

Traditional Archangel: Michael

New angelic force: Odetta, supported by the Shining Ones

Planet: The Sun

Element: Air

You may also consider: crucifix, rose, polar bear, shield maiden, rune Gar.







## Odetta

I have been beyond excited waiting to introduce you to Odetta, she's such a force!

My first encounter with her left me feeling exhausted, overwhelmed by her energy it knocked me off balance for a few days but isn't that the point?

She was introduced as my earthly world began to change and I had to adjust to a new way of being, letting go of my blinkered view that things would be okay if I just kept doing what I had always done.

As a feminine energy in a usually male part of the symbol of the Tree of Life she brings much needed balance herself. She is fierce, that's for sure, she burns bright and can be overwhelming when you meet her but know that her main goal is to help you burn out anything that is preventing you from seeing and manifesting your Soul's purpose.

## Consolidation

*“You can’t spell challenge without change. If you’re going to rise to the challenge, you must be prepared to change.” ~unknown*

I have a dream: is it the same as last month, or have you made some changes?

Astrology: Where is The Sun in your chart, what house, what sign? That information is in your natal chart print out. What does it tell you about your focus? What words would you use to describe your responses to your astrology?

Tarot Cards: what cards came up more than once in your daily reading. The four sixes represent this energy, have they been dominant and if so, what suit?

The Celtic Cross, or a three card reading: what information does it have for you?

Odetta: what guidance did she offer you?

Other temple images and symbolism: Cards, animals, beings, who you saw and what they had to offer you in the way of information.

How has it manifested in my life: On reflection, have you found a way to balance, adapt and change?

Moving forward I commit to: using your newfound information what changes can you make to bring balance, more soul led choices, love and joy into your life?

## Homework

- Choose a day and time for your temple
- Set up and complete the temple meditation
- Do the soul question meditation
- Consolidate your experiences
- Continue to take your daily card
- Continue with interwoven light meditation as and when you feel

**Next Meeting Online is**

**August 1<sup>st</sup> 19:00 UK**

**Month Six: Cause and Effect**

Karma may be another way of looking at the law of cause and effect, for every action there is an equal or opposite reaction. Looking at your own karmic conditions can be a real eye opener. Not so much past lives as the multidimensional soul you really are, you're all your lives.