

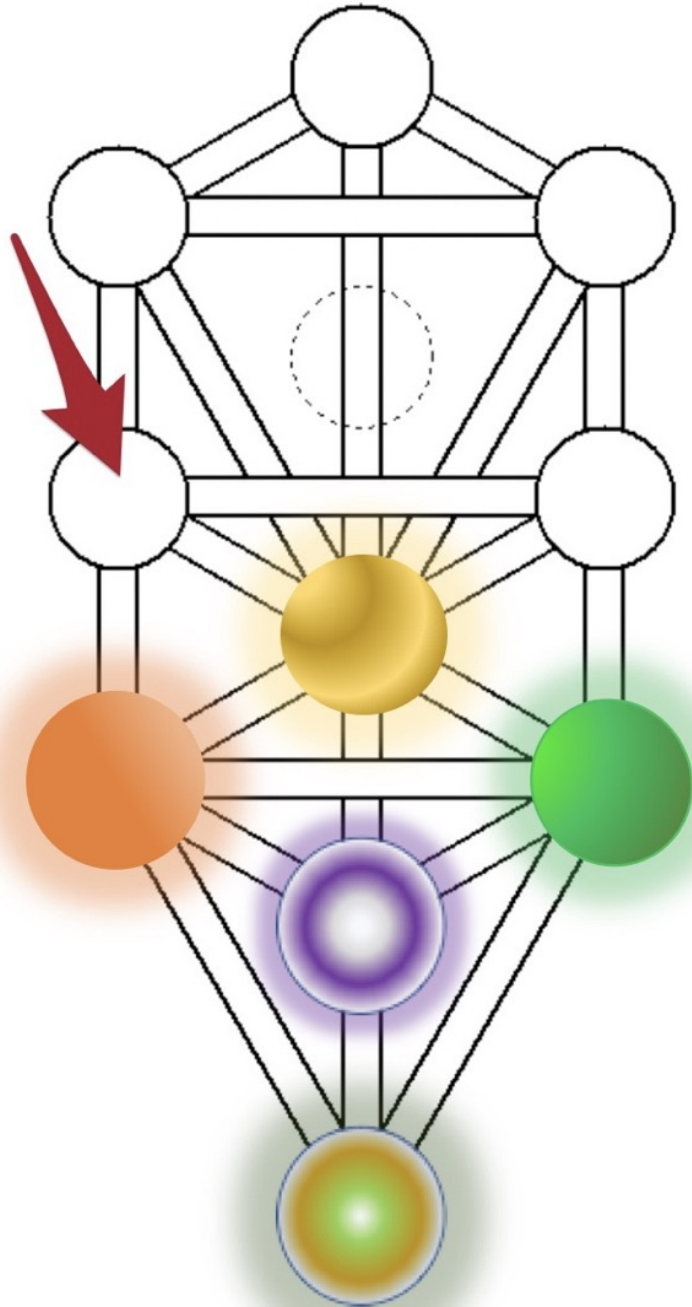


Tree of Life Month 6

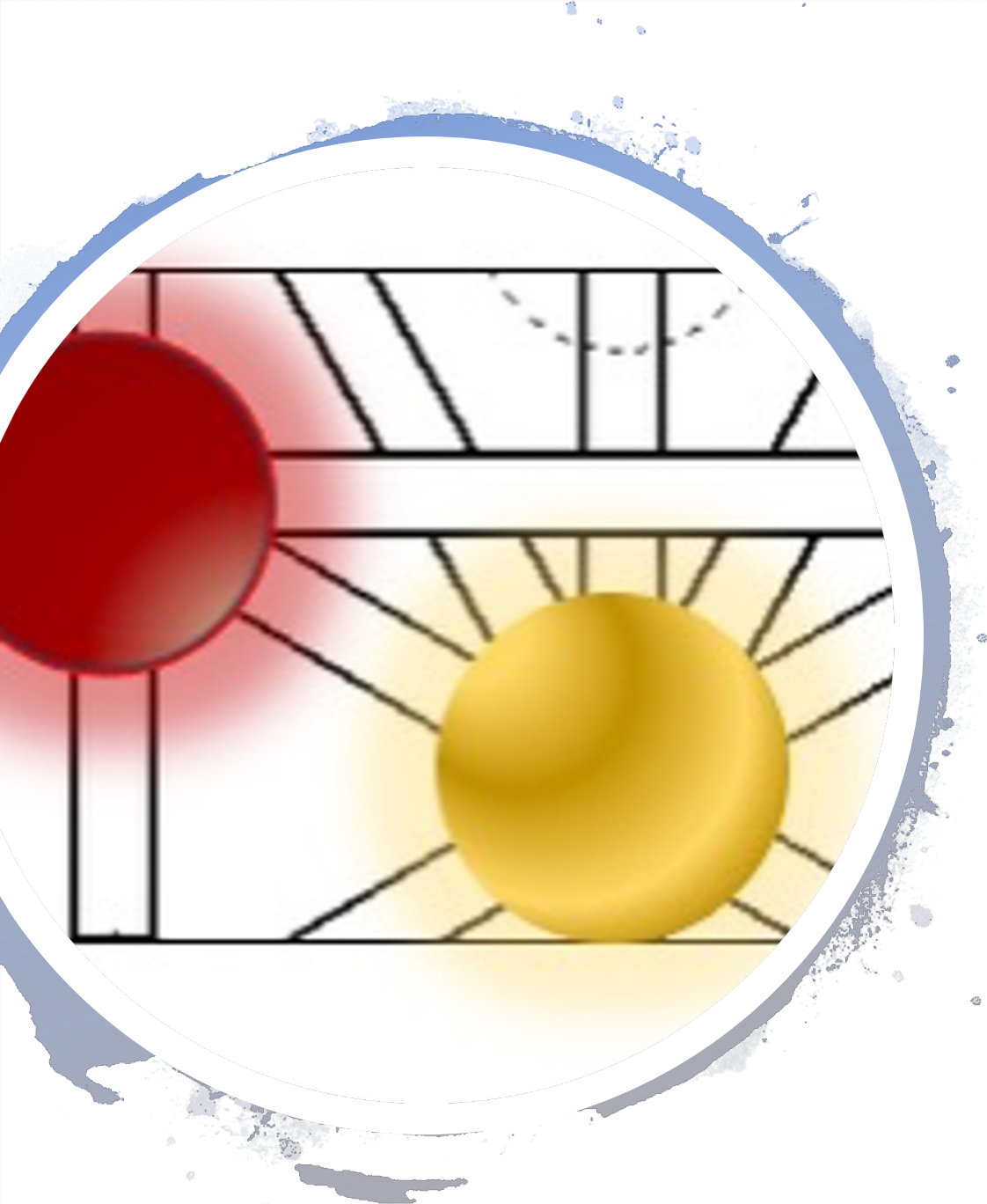
Cause and Effect

You Are Here

You are
here



- Home to **Mars**, this is where you meet your karmic conditions, so much more than just past life stories, the hard core causes that have various affects in your life; daily.



How It Shows Up In Your Life

- I have done past life work for years, seen hundreds of people for one on one regressions and it never fails to impress me at just how relevant the life they visit is to the one they live here and now. Perhaps this section may have been better titled 'How **Did** It Show Up In Your Life?'
- Déjà vu could be one of the ways you're alerted, dreams too but as you've moved into the realms of soul it's more likely to be around seeing an event and recognising where the root of it comes from, what actions you took, or didn't take, that have caused the outcome you're now facing from this life or even 'knowing' it's from a past life.
- Knowing where it comes from allows you then to make a different choice, but first let go of any guilt, blame, shoulda, woulda, coulda of what's gone before.
- This stage of your journey is about burning away those things that cause you to live in the past; repeating old and outworn events by repeating the old and outworn causes.

More Than Past Lives

- It could be argued that we live all our lives at the same time, each one moving through it's lessons reporting back to the soul, which in turn reports back to the spirit and that's recorded, ready to form new experiences required so we can one day be so pure this Samsara, this constant cycle of reincarnation, can cease and we become no-thing with the source itself. Or not?
- It would be a mistake to assume this stop on our journey is all about past lives, it is not, it's about how you direct your power, where you put your attention and how you do that using every single fiber of your soul and spiritual being. Look back at how far you've come, know thyself enough to be able to place you attention on what you want to manifest and in doing so you begin to command the law of cause and effect and not be commanded BY it.
- Take specific actions, set off on your own cause and control the effect. This law works whether you're working on your karmic conditioning or using it to bring options your way. Perhaps a better way of looking at it is to imagine it's a power house, an energetic booster that adds heat to what it is you want to achieve?
- Beneath this sphere is the home of Cassatron, the communicator, there is a link between the two that suggests that by directing your energy in a different way you will attract a different outcome. This link is also where the story of Prometheus sits. He stole fire from the gods so that mankind could benefit, he was punished but eventually broke free from the cycle he was caught in. A tale of seeing the bigger picture, taking action regardless of the consequences and having faith that in the end all would be well.

Avarice, Lust and Jealousy

- Passion and power are good things, going for what you want is commendable but align yourself with the rawness of it, not the manufactured version, manufactured by what other people have, what other people tell you fulfils them or what will bring you power for power sake.

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- The guiding light of this energy is creativity, a force that brings you into a world where your greatest desire, your biggest drive is found in the creation of something amazing, be that for yourself, for those you love or for the planet as a whole.

- Sink into this energy not just with your heart, but with your mind, your body, your soul; your everything. Be the thing you want most, this sends a clear message out; the cause that will bring you the effect you seek. ANUTH

Mars

- The Planetary ruler is Mars, we're taught about how desolate it is but now we hear there may be water on Mars, life on the red planet after all? Imagine that.
- There's always hope, always something to discover and the passion to keep re-inventing ourselves with fresh new ideas coupled with the action to get things done is what's important with Mars.
- He's your drive, your push, your anger, your energy for change and your ability to get things done when others doubt you. Look at Mars in your chart, how he expresses himself and ask if this is somewhere you have to try harder and that's why he's there, pushing you on. The aspects to Mars will also show you where there are obstacles, but always remember the word obstacle is just another word for motivation.



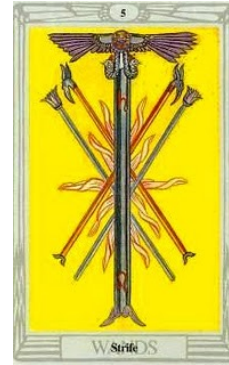
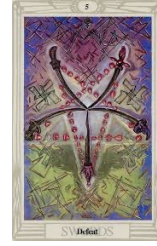


Newton's Cradle Exercise

- This exercise is based on the 80's desk toy, the Newton's Cradle. Seen on every desk in any Wall Street or power suited movie you've ever seen it's the row of, usually, steel balls suspended on string, all neatly hanging in a row. And, as I am sure you know, you let one go and the energy is transferred so that the one on the other end shoots up. What's odd is if you let two go, two move on the other end. Cause and effect.
- You do this in your own life, you do it all the time, sometimes you send out big jolts of cause and they bring huge effects, sometimes not so much. This exercise asks you to consciously send out your intentions, take direct action on something you've been dithering about, holding your energy away from for some unknown reason.
- So, in order to get the effect you want you must reverse engineer the cause. For example. If you want that promotion, what waves do you need to cause to make it happen? Do that. Now start with something small, but know that the principle is the same, this universal truth is unshakable. However, know the rule in its entirety; every action creates an equal or opposite reaction. Equal or opposite.

Tarot Cards

- The number five in Tarot can often be seen as trouble, a bothersome influence that demands you take some action. It can of course mean you are releasing such energy and coming to terms with the root of the bother, but when they appear think what can I do to move things along?
- The Tarot cards are the **four fives**
- *Five of Wands*: Lord of Strife. Restrictions, frustration. Find a way to work through what may be a difficult time. Use humour perhaps?
- *Five of Cups*: Lord of Disappointment. Someone is going to let you down, make you feel a bit fed up. Accept it or move on.
- *Five of Swords*: Lord of Defeat. Your hopes may be dented, but don't let this affect every aspect of your life. See the lessons within.
- *Five of Disks*: Lord of Worry. The future may look gloomy, but making it look gloomier won't help. Change what you can, accept what you can't.



Meditation

To help you ponder where you might want to remove something that's hanging on, an unnecessary drag on your progress this cutting the chord exercise is sent to encourage that letting go process. Please be sure this is the message and image you want to send before proceeding, there are no 'have to' here.

- Get ready to meditate or just contemplate if that's your way
- Visualise the person or situation you're attached to, see a chord that exists between you, some see it as sparkly silver rope
- How thick is the bond, how sparkly is it or maybe it's not sparkly at all? Obviously if it's very thick it may take longer to cut than a wispy chord
- Does it form a chain, is it silken, what does the appearance of the chord tell you about this situation?
- Recognise this wasn't forced on you, you played your part in its forming
- Spent a moment thanking the energy this chord has brought you, no doubt lessons have been learnt and routes of the future will be clearer
- Now see the chord cut, you can use whatever you see, it may be scissors, you could tear it, snap it or even get industrial cutters on it if you need them!
- The space left must be filled with love, seal the area with white or pink light, seal your auric body

Come back to your usual awareness, record your images and how you felt.

It's not uncommon for those on the other end of your chord to feel something as well as you, they might even get in touch to try to re-connect with you.

Homework

