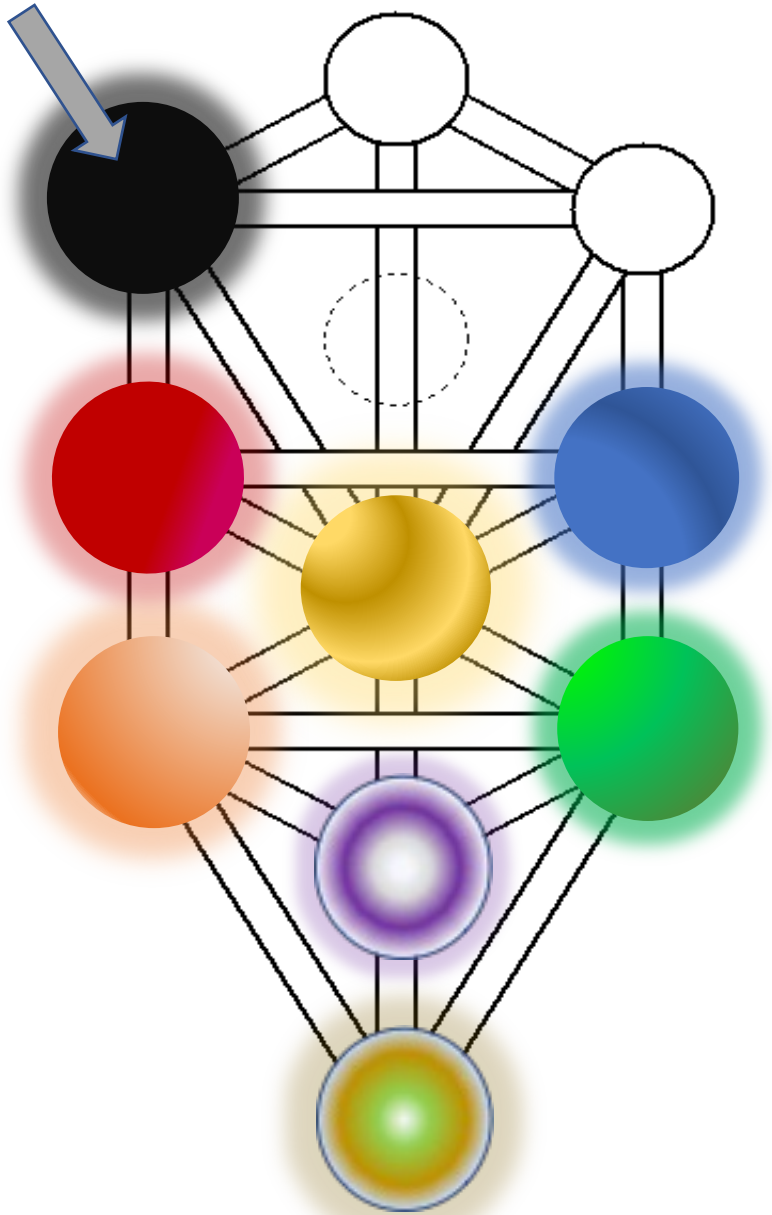




Tree of Life Month 8

Polarity/Silence

You are here



You Are Here

- Home to **Saturn**, this is where you put shape around your goals, where you acknowledge the rules you want to change and those you want to keep. It's also where you recognise polarity, what shadows are created by your light? And you'll meet the awesome power of silence.




How It Shows Up In Your Life

- Here you turn both the knowledge and wisdom you have into understanding, knowledge is something we constantly seek, wisdom is sharing what you have learnt but the alchemy of putting them both together truly produces a deeper understanding of what you are about.
- This is where you have been through some tough stuff, you know what the lesson was and you can see the wisdom that's pointed out to you by your friends, in your dreams or any other way you can imagine and then, then that moment of deep understanding, the slow stealth of the aha moment that makes you laugh at the deep, deep truth in what you now know to be absolute.
- It sometimes feels at odds with what you wanted, but your soul recognises what you want and what you need are sometimes two very different things.

More Than Polarity

- Remember that as you climb higher you are moving further and further away from the physical so when talk turns to Male and Female it's not the same as here on earth where we divide those forces according to anatomy. Here it's about polarity and a recognition that for black to be, white must exist, for Yin there is Yang, negative a positive and so on. But if you stop and think for a moment your own anatomy does not determine your response to a situation, you can be both receptive as well as active, negative as well as positive.
- Here all things are made Holy as you effectively bring into formation all things!
- There is sorrow in every life, the beauty in the understanding is seen in those moments of grief and that may seem like a very odd thing to say. But if you can sit with your grief, feel it, don't try to do anything but be with it there is a beauty in giving in to it, being at one with it that will heal more completely rather than trying to push it away and pretend it's not there.
- Whilst running workshops on various subjects there can often be a moment when someone makes a breakthrough, past life workshops in particular, a moment where that bottled up grief comes to the surface and it comes out. As tempting as it is to offer comfort, a shoulder to lean on, if it's a mate of yours who has been hurt in particular, consider the power of silence, of allowing someone to feel that grief and to finally and totally understand where it comes from and to release it. Silence found by polarizing the Yin and Yang, by swinging the pendulum until it steadies.
- The angelic here, Kikanta, is a tough taskmaster, she understands when her children need to fly the nest and will push them out, knowing they will be fine but they must find their own way safe in the knowledge that she will be there should they need support and of course ready to remind them of the rules. But she will also stand by the sea, weeping as she watches them leave.





Silence

- The Virtue is Silence, when you listen you understand and when you say nothing you see more. Nothing works better than a silent response, it encourages those who talk too much to carry on talking until they eventually speak their truth rather than what they think you want to hear. At its most effective it leaves someone with rather too much to say with nowhere to go with their argument and holds the power with you. Perhaps the modern equivalent is the internet troll, throw nothing their way and they shrivel.
- Pay attention to where it shows up in your life over the next few weeks, use it. Use it wisely!

Saturn

- If you look at the symbol it looks like an H, the difference being the stroke across the top. Think of this as the rings around the planet, think of its placement on the symbol and let it remind you that this is a place of restriction, a place where form is put around your ideas, a cap placed to seal them in perhaps?
- Saturn is about restriction, he's about rules and in his governance of Capricorn he reminds us all to work within the guidelines, to put some rules of our own in place and to use your understanding to build strong structures.
- Find him in your chart and remember his return periods, every 28/30 years, a time when you may have gone through some major changes and will again. The first is our move into adulthood, the second into retirement and the third into old age and all the perks that brings!
- Consider the use of the male archetype here, the angelic is female?
- Saturn is the '7 year itch' planet. Every seven years he causes you to consider what needs new rules, what is no longer fitting, what or who polarises your opinions?



Unplug

- Your exercise is very easy, or is it?
- Remain silent
-
- You can choose how long for
- You can choose when you do it
- You can choose where you do it
- But be silent
- That's no music, no telly, no conversation, not a word and that includes written.
- You can go for a walk, sit by lake, wander around the front room if you like but try to be silent and allow your thoughts to present, notice them and let them go.



Tarot Cards

- The threes of the Tarot are strong structures, a triangle is stronger than a square, but hard work is required and structures put around your goal.
- Three of Wands – Lord of Virtue, become more aware of the skills and talents you possess.
- Three of Cups – Lord of Abundance, the universal love for you is overflowing, exhilarating.
- Three of Swords – Lord of Sorrow, pain and separation, perhaps something that needs to be tackled when you feel stronger?
- Three of Disks – Lord of Works, find what needs your attention and put your attention on it until it budes!



Homework

Find your Saturn
what does it tell
you?

Silence!

Watch for those
who goad you into
needless debate

What opposites
do you see in your
life?

Which ones really
wind you up!

Write down your
experiences.

Take your daily
card.

Next webinar is October 16th 10:00
Facebook
Temple and Consolidation