

# THE TREE OF LIFE



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### Welcome

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First up is setting your intentions, what is you want to achieve in the months ahead? There will be challenges, no matter what you choose, but that's where growth comes from. Take a moment to consider what it is you want?

### The Schedule

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For my part I promise a deep dive into your soul using astrology, meditation, oracle or tarot cards, symbolism, angelic and dream work and some ritual, of course there will be ritual!

### Rituals

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Nothing is a 'must' you are in charge, there's no demerits for team Grifindor but I would say this; where you feel like sitting out is usually what you need to feel your way into the most.



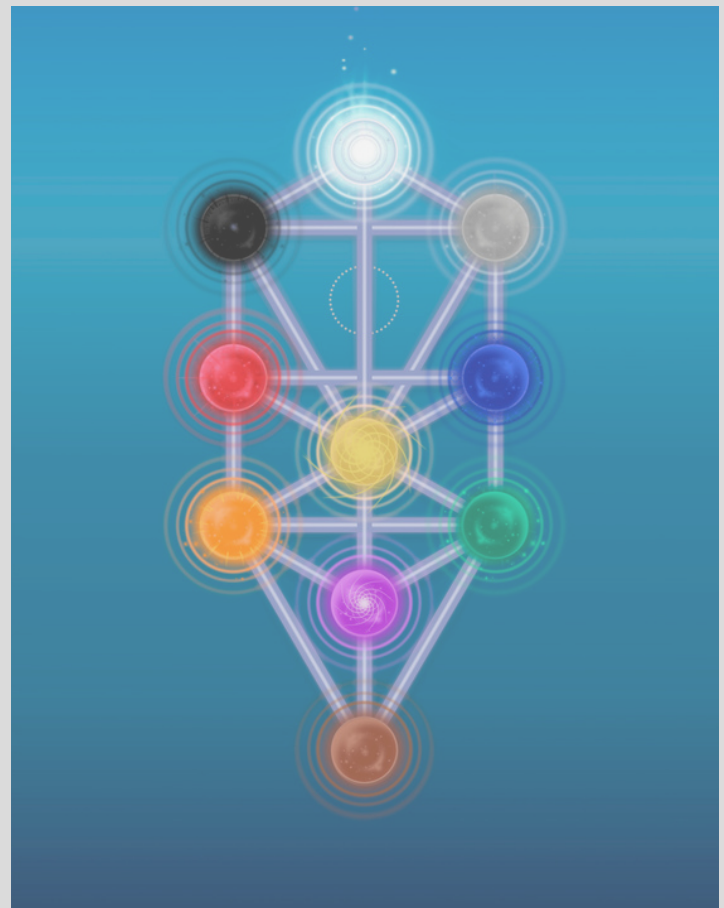
*“Man is destined for a greater, more sublime purpose –to become a conscious vehicle of the cosmic creative process.”  
— Paul A. Clark”*

## THE TREE OF LIFE

This ancient symbol will form the framework for your journey, it provides the structure needed for things to unfold with order in what can sometimes seem like a chaotic process.

As with all trees, it begins with the seed of an idea, your intention, and bears fruit only when the process of growth and under natural law each step follows one after another. You cannot bear fruit without first planting the seed.

This month you'll be asked to look at your intentions, what do you want to get from this journey?



# THE SCHEDULE

## Order and Timing

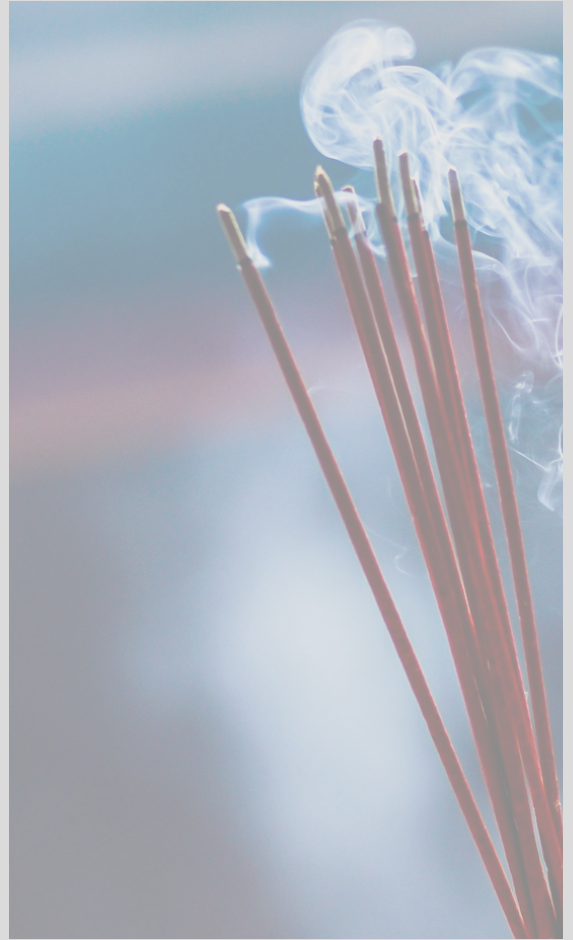
It's important to know what's happening and when. So here's what to expect.

We meet online every new Moon at 19:00 UK time, if you can't make it, there will be a recording for you catch up.

You will find a worksheet for each month in the Tree of Life page. It will hold information on the area you're working on and a Tarot lay to help match it to what's going on with your life.

Please find time to consolidate your work each month, it can take as little or as long as you like, but it's important to ground the work.

You will also find an MP3 for your meditation to consolidate the work.



Support

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# DAILY DEVOTIONS

## The Power of Ritual

Before we begin our journey it's a good idea to establish some daily routines. Please don't worry if you miss a day, or can't commit to daily, do what you can when you can, but as ritual becomes a part of your life you're likely to find you want to do more.

This month is about keeping it simple, just taking a tarot or oracle card daily and writing it in your journal. What does it mean and how did it show up in your day?

I will be introducing you to altar practice, a connection prayer and how to build and strengthen your aura as we move up the tree.

