



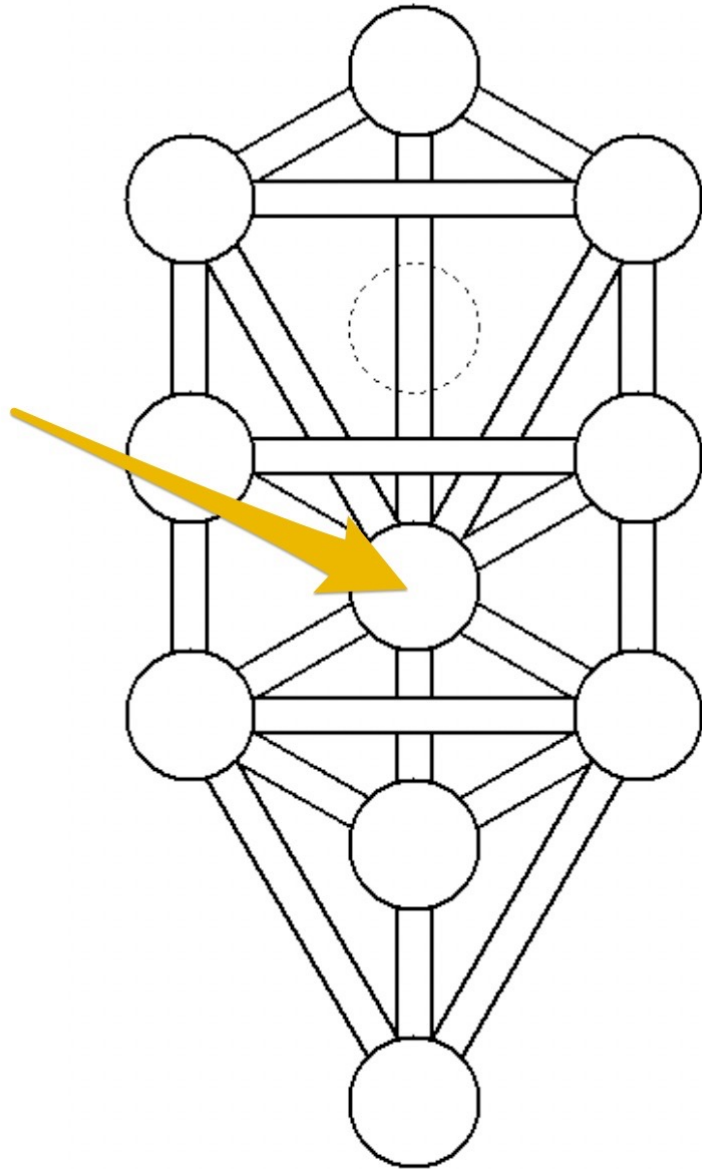
Month Five

Adaption and Change

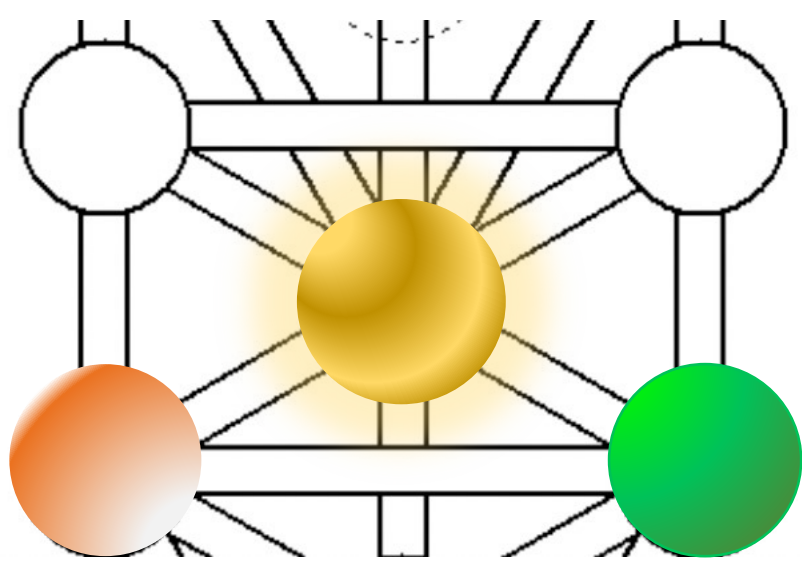
There is no decision that we can make that doesn't come with some sort of balance or sacrifice. **Simon Sinek**

Let's Check In With The Map

You are
here



Home to **The Sun**, this is where you meet your soul. Personality issues take a back seat and it's time to concentrate on how to adapt, change and move into a more soul led life.



How It Shows Up In Your Life

We are all subject to change, it's a constant. How you manage it and where it comes from is a personal thing. But what about change you want to instigate, setting it in motion because something within your soul wants it, you're driven towards it?

This is totally different from change that's pushed on you. Or is it? Could those changes you feel are forced on you be your soul asking you to remember why you're here? What you've promised yourself you'd achieve, deal with, confront, celebrate and enjoy?

Sometimes you will adapt to your surroundings, a slow process that sees you making the most, making do perhaps, but making allowances is what's truly happening.

This month is about seeing where making do is fine by you, and if it's not okay, it's about seeing what the soul wants to change and even if sacrifices must be made you're going to listen and start making the necessary shifts.

Shine a Light

Here you're asked what are you prepared to give up to answer the call of your higher calling, to take responsibility for yourself rather than expect others to do it for you?

Are you ready? This is your own inner voice, it's not guides or any astral, it's not the direction of anyone else other than your own higher voice, your own soul, and it's very important to remember that. Thy Will be Done.

It could be seen as the point of incarnation as this is where the soul joins the personality, this is the acceptance of the Soul, to come into this world with all it has learnt from many lives and its karmic conditions, divinity, grace, understanding and wisdom? Is there a bigger change, adaption, than incarnating from the spiritual world into the physical?

It's also about illumination where we see the glory of the upper realms and your conscious mind catches images of the truth of your Soul and how magnificently beautiful it is. It's where you are crowned as having sought out the truth of your Soul and as you acknowledge you have found it, the light within you changes.

It's a place of great healing, of love and a place also of sacrifice for what greater love can you show for another than giving something up so that they can blossom? It's not a pre-requisite before you panic, it simply says that to experience soul energy it's usually in the act of helping others, be that sacrificial or not. Who or what would you sacrifice everything for? What would you give up for change?

False Pride, Devotion and Sacrifice

False Pride – has its roots in ego, there's nothing wrong with having pride in your work and in what you've achieved, you absolutely should, but in attaining great things share great things, energy exchange means giving and receiving in balance. It can often show itself in puffed up media posts these days!

Devotion to the Great Work – reaching for something higher, helping others do the same perhaps? For me devotion is something that burns in my chest when I need to be reminded to take the higher road. What's right may not be what your personality, ego, wants to hear but there you have it!

Sacrifice – it doesn't have to be dramatic, in fact it rarely is. But that part of you that knows you need to make some changes or adapt your way of thinking or being so that someone you love can benefit. Or maybe you have to give up to gain for yourself. Like donuts for new jeans.

Elemental Creators

The elementals are sometimes seen in the world where soul meets personality but in an elevated form. The Kings of Air, Fire, Water and Earth are elevated to maintain that balance in the universe, throughout the solar system and beyond.

With the new angelic forces comes new support systems and it seems these forces are no exception. Here we are reminded that they are akin to the Annunaki, sometimes these beings do not have the most favourable of press, but please remember that as we evolve so to do all and the word 'akin' holds the key. Kin, not the same.

You may see, feel or hear their presence in the coming month with everything from a breeze on an airless day to the hot fiery flush that alerts you to the importance of a moment; both signs that you're on the threshold of clarity, a breakthrough in what may have been an long-standing stalemate.

Your awareness is heightening, put faith in it and it won't let you down.

The Sun

The Planetary ruler is The Sun, without it nothing would grow and we'd have no food, no warmth and a source of energy and power would be gone.



In your own chart the Sun is what makes you the sign that you are, when you were born the Sun was in Leo, Capricorn, Pisces; your star sign.

He's all about being active, being true to yourself and to your soul choices and he's the planet that brings a spotlight to shine into the very heart of your being.

He also sits in the centre of the middle pillar, he's perfectly placed to be the sphere that can hold the balance point. You can flip the symbol of the Tree of Life left, right, up and down and he stays where he is.

Tarot Cards

The Tarot cards are the **four sixes**

Six of Wands – Lord of Victory, having passed through a tough training course and found victory, a point of ascension.

Six of Cups – Lord of Pleasure, entering into pleasure with an open heart willing to receive the blessings ahead.

Six of Swords – Lord of Science, clarity comes to some difficult decision as you now see things clearly.

Six of Disks – Lord of Success, abundance comes to you, more than you need so remember to pass some on.



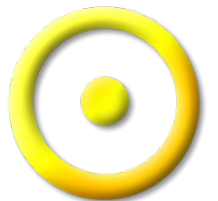
Meditation

This month's meditation is one of balance, balancing your chakra system.

Please do this at least twice, more if you feel drawn, give yourself time to feel your chakra system responding and it's way more than just visualising, isn't it always, it's about how it shifts your energy and activates a new response around you.

If you are going through any major changes this simple visualisation can help re-calibrate you, find your middle pillar and restore your energy ready to take on any challenges you're in the processes of overcoming.

With this visualisation comes a caveat. You may slip into some communication with higher guides or teachers, they're often drawn closer to you as the soul centre is more active, if you do then please go with it. Ask your questions, get your answers, act on them!



Exercise

Gather together your information, experiences and consolidations from the past four months.

Tightening up what you've learnt along the way is an important discipline to get into, take it from someone who tried the other approach, it helps you better understand where you are now as well as how far you have come.

Consolidation of Personality into Soul

Daniel - What is your dream, your goal on earth?

Hironiel – cycles, you've noticed and want to keep or discard

Cassatron – thoughts that create things, thoughts that delay or stop you

Glorianna – feelings, what do they tell you and can you now act on those feelings faster?

Take a Tarot card for each being, left to right starting with Daniel. Now make a story from the images, your journey so far.

Homework

- Find your Sun, what does it tell you?
- Consolidate your Personality triangle
- Ask what changes you're resisting and why?
- Ask what needs changing or what can you adapt to?
- Balance your chakras, consciously seek balance; do the meditation.
- Write down your experiences.
- Take your daily card.
- Breathe 424.